

## **“AGAAZ” Annual Sports Fest 2022-23:**

Agaaz: The Annual Sports Festival of Maitreyi College. **2023** saw an overwhelming response from colleges all over Delhi-NCR. The fest boasted 6 different sports and all the events had a brilliant response and were hosted with utmost zeal. The 7v7 futsal tournament included 30+ teams and the basketball tournament was also appreciated amongst everyone. Sports allow students to develop psychomotor skills and fine-tune motor skills with coordination, movement, strength, dexterity, grace, and speed, and also find healthy outlets for energy. Agaaz sports fest gave an equal opportunity to all to participate and showcase their talents. Exciting awards and cash prizes were also given to all the winners. Stalls were put up and the college was beautifully decorated for the 3 day extravaganza. It is truly a sporting event one cannot miss.







### **INDO-FRANCE FOOTBALL WEEK:**

An Indo French Football Program was hosted in collaboration with Maitreyi College, University of Delhi. It was hosted to improve relations and also spread awareness about the various football techniques used globally. We were graced with the presence of one of the head coaches from France i.e Mr. Maxime Dominique Delahaye. The collaboration was hosted by Maitreyi College between 14th March and 16th March 2023. It was mainly held to discuss and form an Indo French partnership and to have a football program and interaction with the players. This gave a platform to all the budding football players to up skill and display their talents and learn from a coach with global experience and exposure.





## INDO-COLOMBIAN FOOTBALL COLLABORATION

Maitreyi College also hosted an Indo-Colombian football collaboration to promote women's football and strengthen ties between the two nations. It was held on 25th May, 2023. There was enthusiastic participation from young girls as well as the football team of Maitreyi College. We were graced with the presence of *the Chargee d'Affaires of the Embassy of Colombia and the Second Secretary to the Embassy of Colombia*. Maitreyi College truly believes in the equality of women in sports and providing an equal platform to all.





## AGAAZ

(A new beginning)

### Festival of Sports

DATE OF EVENT- 19 – 20TH APRIL

ORGANIZED BY – MAITREYI COLLEGE

NAME OF CONVENER- SHIPRA VERMA

NUMBER OF PARTICIPANT- 1200

*Agaaz (A new Beginning), festival of sports was held in Maitreyi College in the year of **2021-2022**. College students took part in the activities.*

Total of four events were conducted under Agaaz (a new beginning) festival of sports, i.e. Basketball (M), 3 on 3 basketball (W), Football 7-A-side, tug of war. It was a 2- day event happened at Maitreyi college ground under the supervision of HOD Shipra Verma and team. Total of four team games was organized and students from different colleges and schools took part in it. It was open for both men and women. Umpires, Referees and coaches were part of it. At the end of every day, healthy refreshments were provided. On the second day, the Jump Rope fusion crew also gave an amazing performance. Maitreyi college students voluntarily took part in it. And performed duties on ground.

Last day was the day when results were declared and the team who performed best won the medals and prizes. Winners were also awarded with cash prizes. On the second day, the Jump Rope fusion crew also gave an amazing performance.

### BASKETBALL (MEN)





### 3X3 BASKETBALL (WOMEN)



### FOOTBALL 7-A-SIDE (MEN)





## TUG OF WAR



## JUMP ROPE FUSION CREW





## GUEST OF HONOR





## SPECIAL OLYMPICS UNIFIED CUP DETROIT 2022

DATE OF THE TRAINING CAMP: 10th -19th June 2022

ORGANISED BY: MAITREYI COLLEGE (PHYSICAL EDUCATION DEPARTMENT)

PARTICIPANTS: 20

The National Unified Football Coaching Camp was held between 10 and 19 June 2022, to prepare the players for the Unified Cup that was going to be held in Detroit, USA from 31st July to 7th August 2022. The team comprised athletes and partners from six different states of India. During the camp, the field of Maitreyi College was employed for daily practice sessions. The morning session started with a warm-up followed by running and ball-passing and many more activities that hone the individual skills of the athletes while match sessions between Special Olympics athletes and LGBTQ+ community during the evening hours. Special Olympics Bharat was preparing a Unified female football team including 6 athletes and 5 Unified partners for the global event. Presented by Toyota and modelled after the FIFA World Cup™, starting from July, The Special Olympics Unified Cup Detroit 2022 welcomed over 300 footballers with and without intellectual disabilities from over 20 nations to compete in football (soccer). Motivating the players and emphasising on the need for sports, the distinguished guests included Dr. Mallika Nadda (Chairperson SO Bharat), Air Cmde Sharma (Executive Director SO Bharat), Dr. Jyotsana Suri (CMD, Bharat Hotels Ltd., The Lalit), Dr. Haritma Chopra (Principal of Maitreyi College), Mr. Sanjeev Sharma (Vice-President Delhi Olympics), Ms. Upasna Arora (Director Yashoda Super Specialty Hospitals), Mr. Kiran Chopra (Director Punjab Kesari). The SO Bharat athletes showed their ecstasy as they spoke about the training camp and how important it was for them ahead of their all-important visit to the United States for Unified Cup 2022. According to Papiya, SO Bharat Athlete from West Bengal- “The camp was fantastic. We learnt a lot and I’m excited to be a part of the Indian team. During the camp we learnt a lot, improved our methods, and had a lot of fun during our training sessions”. Therefore, it can be safely concluded that the training camp was a success.





## **SOB UNIFIED SPORTS FESTIVAL (FOOTBALL AND RELAY & CULTURAL EVENT)**

DATE OF THE EVENT: 26th of July

ORGANISED BY: Maitreyi College (Physical Education Department)

NUMBER OF PARTICIPANTS: 160 students

Maitreyi College organised a football and a relay match for Special Olympics students. This was done to give an opportunity to the players to showcase their talent which was soon followed by a dance performance prepared by the sports department of Maitreyi College and SOB students. The football matches were held between sports students of Maitreyi and the SOB students, this was a step to become more inclusive, many sports volunteers had great time interacting and helping the special students. Moreover, the enthusiasm among the young athletes only proved how much they enjoyed being in the moment. Ajay Tamporia, a special athlete remarked, “Bahut achha laga mujhe aaj khel kar”, he wishes to continue his passion in future as well. The presence of Rajendra Singh, head constable, Delhi Police and Ramesh K Chauhan, assistant commissioner of police, IGI was a huge motivation for the athletes. After all the matches were over, everyone was given refreshments which brought a smile on the face of the participants. At the end, it can be safely concluded that with the support of our Principal Dr. Haritma Chopra and under the guidance of Ms. Shipra Verma this event would not have been successful.

## **INTERNATIONAL YOGA DAY**

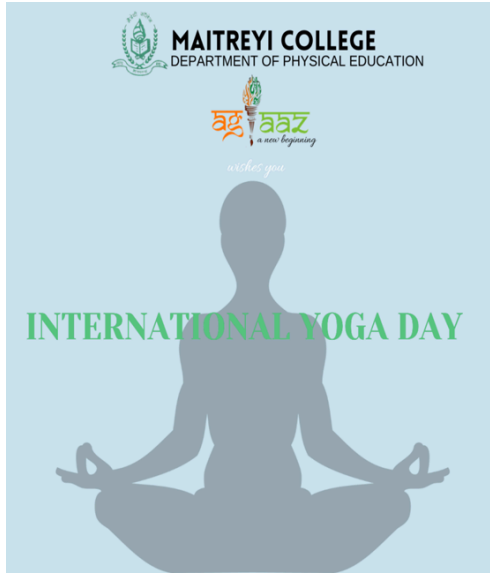
DATE OF EVENT – 21 JUNE 2022

NAME OF CONVENER – SHIPRA VERMA

NUMBER OF PARTICIPANTS – 180

International Yoga Day was held at Maitreyi College on 21 June. Under Shipra Vemra, (HOD) of MAITREYI COLLEGE. Total of 180 students took part in the yoga day event. It was a one-day event. Sports students as well as non- sports students took part in it. On June 21st 2020, an event called International Yoga day was organized by (HOD) of Maitreyi College, Shipra Verma. The event started early in a day in which special Olympic athletes as well as General (non-sports) took part in it. Many teachers came forward to be a part of it too. Ms. Anjali, a Yoga Diplomat was the instructor.







**Roller Skating And Table Tennis Competition**  
**by Special Olympics Bharat**

**National/International/Inter-University/State Level/College Level:** State Level

**Date (DD-MM-YYYY):** 11-01-2024

**Name of the organizing Department/Society:** Physical Education Department Of Maitreyi College

**Name of the Head of Department:** Dr Shipra Verma, Maitreyi College.

**Name of the teacher coordinators:** Dr Shipra Verma

**Name of the chief guest:** Ms Ekta Jha

Special Olympics Bharat organised a remarkable volunteer event at a Tagore International school, fostering inclusivity and sportsmanship among diverse age groups. The event commenced with a grand inauguration ceremony, setting the stage for a day filled with spirited competitions and celebrations. The roller skating competition was a highlight of the event, featuring participants grouped into age categories: under 12, 13 to 16, and 17 to 21. Simultaneously, the table tennis competition unfolded in a spirited atmosphere, with participants categorised into under 12, 13 to 16, and 17 and above age groups. As the day unfolded, the anticipation built towards the award ceremony. The winners from each category, having demonstrated exceptional skill and sportsmanship, were recognized and celebrated. Beyond the competitive aspect, the event also served as a platform for community engagement and awareness about the Special Olympics Bharat initiative. Volunteers played a crucial role in ensuring the smooth execution of the event, offering their time and support to create an inclusive and positive environment for all participants.

**Significance of the event (Outreach/Soft Skill Development/Curriculum Enrichment, etc):**

Promotes inclusion, breaks barriers, and celebrates abilities, fostering a sense of unity and empowerment.





## **1<sup>st</sup> WOMEN FOOTBALL DEVELOPMENT PROGRAM**

Maitreyi College University of Delhi, Chanakyapuri in collaboration with the embassy of the federal republic of Germany organised a 6 days football development programme held between 12<sup>th</sup> February to 18<sup>th</sup> February 2024, for advancement of women's football in India which was supported by the embassy of the federal republic of Germany. The total number of participants were 64 in the program which mentored by 11 coaches including the head coach Klaus Pabst. The 6-day itinerary involved teaching the participants the basics of football and perfecting it over the course of the programme.

### **Football Intercollege 2024, 26<sup>th</sup> feb.**

The football team of Maitreyi College participated in football intercollege tournament 2024. The team consist of 18 players won the pre-quarterfinals match by 3-0 against Maharaja Agrasen college, University of Delhi on 26<sup>th</sup> February 2024 on the organizer's grounds Jesus and Mary college.

### **Netball Intercollege 2024, 02nd March**

The netball team of Maitreyi College participated in netball intercollege tournament 2024. The team consist of 12 players won the pre-quarterfinals match by 39-21 against Indraprastha college for women, University of Delhi on 02<sup>nd</sup> march 2024 on the organizer's grounds Jesus and Mary college DU.

### **Softball Intercollege 2024, 04<sup>th</sup> March**

The Softball team of Maitreyi College participated in softball intercollege tournament 2024 which is organized by the Maitreyi college DU. The team consist of 16 players won the pre-quarterfinals match by 15-0 against Indra Gandhi institute of physical education and sports sciences, University of Delh i on 04<sup>th</sup> march 2024.